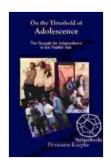
# On The Threshold Of Adolescence: A Comprehensive Guide For Parents

Adolescence is a time of tremendous change and growth for young people. It is a time when they are developing physically, emotionally, and socially. They are also beginning to make their own decisions and take on more responsibility.



#### On the Threshold of Adolescence by Hermann Koepke

**★** ★ ★ ★ 5 out of 5 Language : English File size : 587 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 153 pages : Enabled Lending



As parents, it is important to be aware of the challenges and opportunities that adolescence presents. We need to be there to support our children as they navigate this new stage in their lives.

On The Threshold Of Adolescence is a comprehensive guide for parents that provides valuable information and support for navigating the challenges and opportunities of adolescence.

#### What You'll Learn In This Book

- The physical, emotional, and social changes that occur during adolescence
- How to communicate with your adolescent effectively
- How to set limits and boundaries
- How to help your adolescent develop a healthy self-esteem
- How to deal with common adolescent problems, such as bullying, peer pressure, and substance abuse
- How to prepare your adolescent for adulthood

On The Threshold Of Adolescence is an essential resource for parents who want to help their children make a successful transition into adulthood.

## What Others Are Saying About On The Threshold Of Adolescence

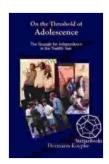
"On The Threshold Of Adolescence is a must-read for parents of adolescents. It provides valuable insights into the physical, emotional, and social changes that occur during this challenging time. This book will help you to better understand your adolescent and to support them as they navigate this new stage in their lives." - Dr. John Duffy, author of The Teenage Brain

"On The Threshold Of Adolescence is an excellent resource for parents. It provides practical advice on how to communicate with your adolescent, set limits and boundaries, and help them to develop a healthy self-esteem. This book is a valuable tool for any parent who wants to help their child succeed during adolescence." - Dr. Susan Stiffelman, author of Parenting Without Power Struggles

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