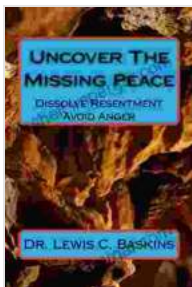


Uncover the Missing Peace: Dissolve Resentment, Avoid Anger, and Find Inner Harmony

Are you tired of carrying the burden of resentment and anger? Do you long for inner peace and harmonious relationships?



Uncover The Missing Peace: Dissolve Resentment Avoid Anger by Hope Edelman

★★★★☆ 4.7 out of 5

Language : English
File size : 597 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 136 pages
Lending : Enabled



If so, this book is for you.

Uncover the Missing Peace: Dissolve Resentment, Avoid Anger, and Find Inner Harmony is a comprehensive guide to help you:

- Identify the root causes of resentment and anger
- Develop practical strategies for dissolving resentment and avoiding anger
- Cultivate inner peace and harmony

- Improve your relationships and live a more fulfilling life

This book is based on the latest research in psychology and neuroscience, and it offers practical, evidence-based advice that you can use to improve your life. If you're ready to let go of resentment, avoid anger, and find inner peace, this book is your essential guide.

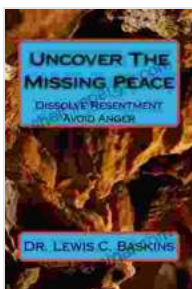
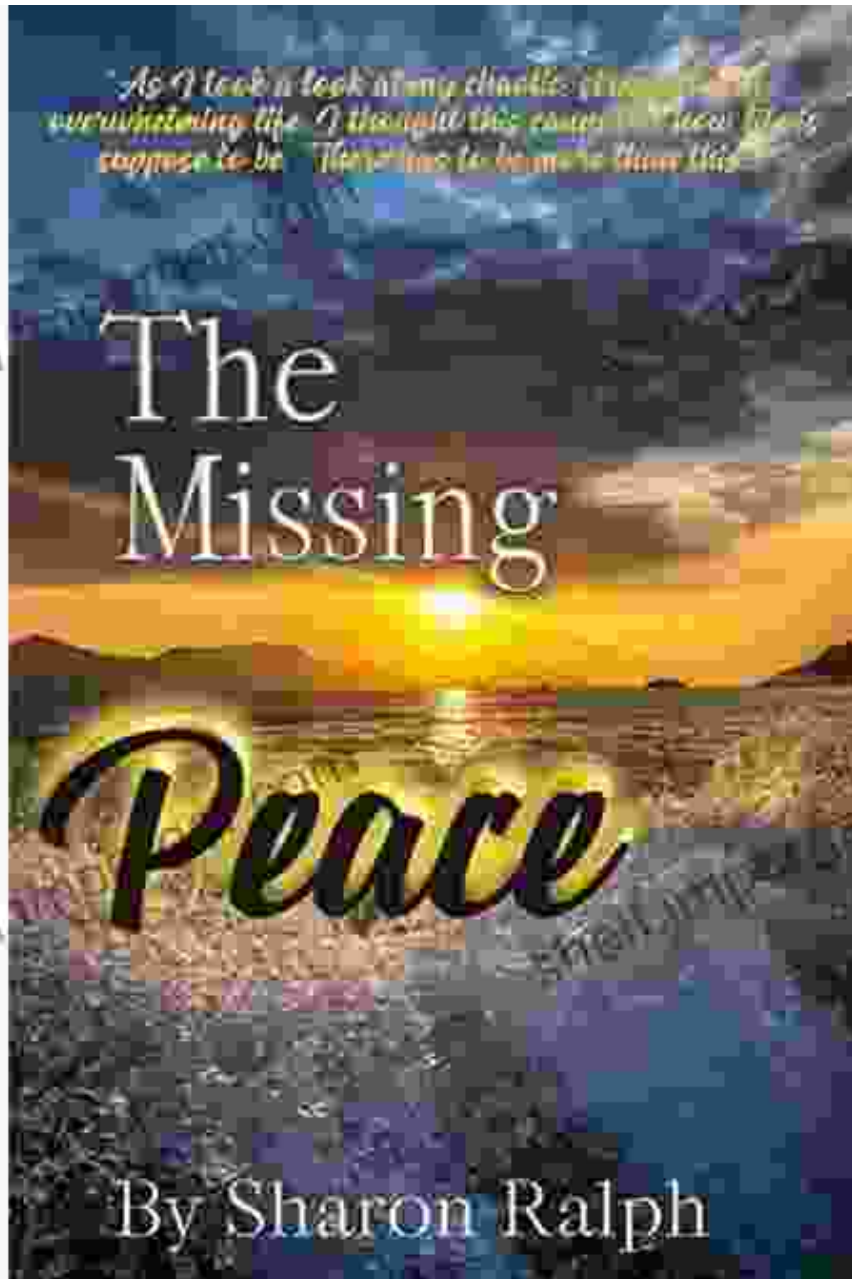
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"This book has changed my life. I used to be so angry and resentful all the time. But after reading this book, I've learned how to let go of the past and live in the present. I'm so much happier now." - **Sarah J.**

"I highly recommend this book to anyone who is struggling with resentment or anger. It's full of practical advice and insights that can help you transform your life." - **John D.**

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Uncover The Missing Peace: Dissolve Resentment

Avoid Anger by Hope Edelman

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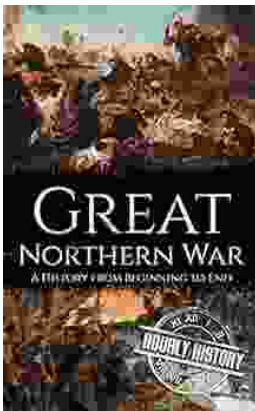
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